



# La Voz del Pueblo

## 2018 Fall Newsletter



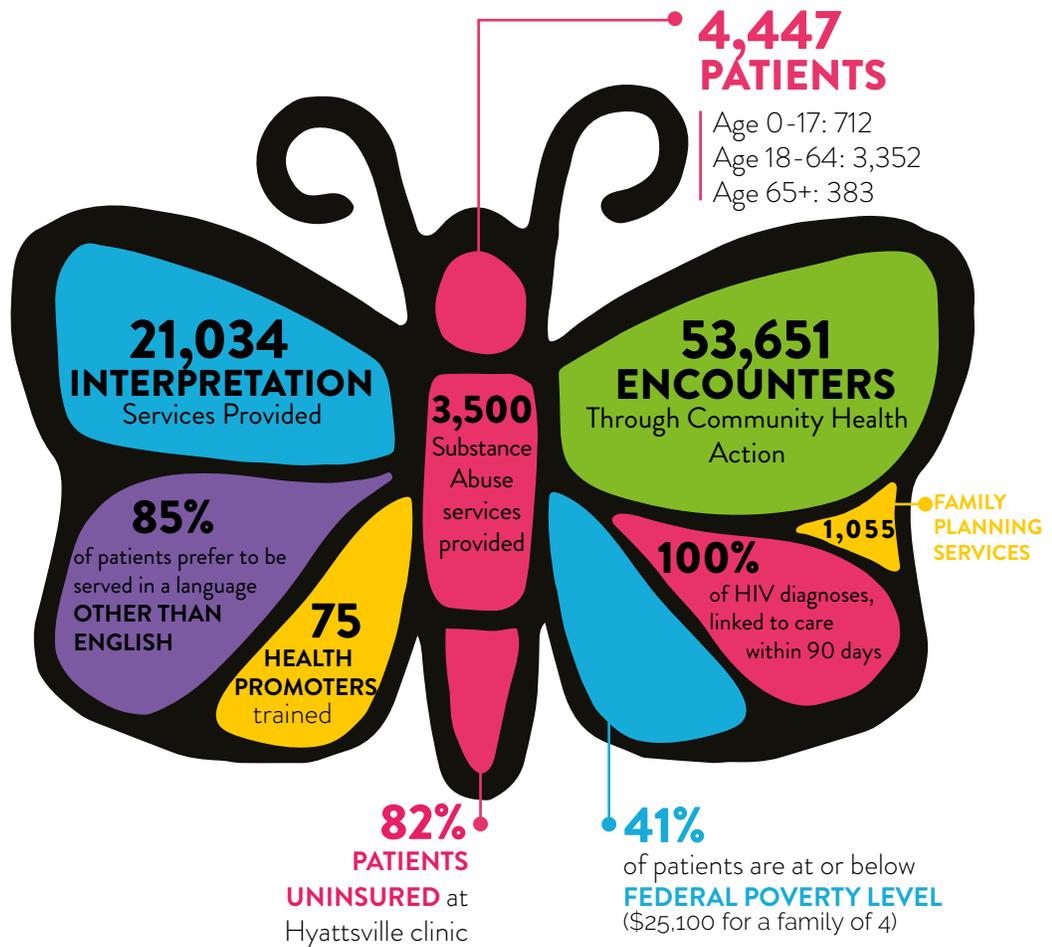
### 35th celebration!

On Sunday, September 16th, we danced the day away in Mount Pleasant in La Fiesta del Barrio in celebration of our 35th anniversary! La Fiesta was a huge success thanks to the helping hands of over 40 volunteers, amazingly generous sponsors, and talented performers (drummers, dancers, Zumba, salsa, musicians, and more!) We are excited to share that we raised over \$20,000 from this event! Many thanks to all who came to join the celebration. Salud por los 35! We'll see you at next year's Fiesta!



### MAKING HEALTHCARE A HUMAN RIGHT IN 2017

In 2017, your support made a difference so that we could spread our wings to reach new heights! Thank you for building a healthy Latino community by supporting La Clínica del Pueblo.



# Upcoming Events



**March and Vigil against Domestic Violence**  
 Lamont Park in Mount Pleasant. 5:00pm  
 Organized by the DC Coalition Against Domestic Violence  
 Check our Facebook page for more details.



**3rd Annual Casino Night!**  
 Josephine Butler 6:30 pm  
 2437 15th St NW, Washington, DC  
 Visit <http://bit.ly/3rdcasinonite> or call



**La Posada**  
 All Souls Unitarian Church 5:00 pm  
**To donate toys for the children or to volunteer:**  
 Jamie Reich at [jreich@lcdp.org](mailto:jreich@lcdp.org) or at 202.462.4788  
 Ext. 289.

## GOLES POR LA SALUD



On Saturday, September 8th, our Health Promotion team hosted an intergenerational soccer tournament "Goles Por La Salud." Over 200 people attended the event. 10 teams of youth and their families

came out to take to the field and compete for first place. Led and organized by youth from our Mi Refugio program at Northwestern High School, participants enjoyed a day of team-building, community fun, all for the purpose of promoting healthy lifestyles! The event took place near our Hyattsville clinic in Prince George's County, MD. If you'd like to learn about how you can support initiatives like "Goles Por La Salud" or if you'd like to volunteer for an event like this, please contact Rachel Ugarte!

## Domestic Violence Awareness Month



October is domestic violence awareness month. In honor of this month, we sat down with Nancy, a patient, health promoter, and survivor of domestic violence to hear her story.

When Nancy came to La Clínica, she desperately needed help. Trapped in an abusive relationship, suffering physical and emotional violence, she felt like she had nowhere to go.

Things began to change when Nancy found La Clínica. At her first appointment at La Clínica del Pueblo, her provider immediately connected her to Entre Amigas (Gender and Health/ Violence Prevention program). Nancy recalls, "It was a Tuesday and I went to my first Entre Amigas support group on Friday. I haven't missed a Friday since. Entre Amigas has become like a second family, a second home for me."

Nancy found support, camaraderie, and a sense of community among other women who were in similar situations. She got the support and resources necessary to start rebuilding her

life. As a Spanish-speaking, immigrant, survivor of domestic violence, not all spaces feel safe for Nancy, but through La Clínica, she found something different.

Now, Nancy serves as a Promotora de Salud through Entre Amigas. Now, she is an advocate for others. She accompanies other women who are working to build healthier lives for themselves, their children, and their families. Because she found a safe place, Nancy rebuilt her own life and now she's changing the lives of others. Your support provides safe spaces for women like Nancy to flourish and thrive in life, not just survive. You can be part of making a difference in a woman's life when you give to La Clínica.

*"I always say that it is the greatest blessing of my life to be a Promotora. What has been given to me, now I give to others. When I get to accompany another woman who is going through the same thing I went through and she says 'thank you for being here with me,' it fills my heart to hear that."*

## MAKE A DIFFERENCE TODAY!

**Every dollar you give, makes a difference. Give today for a bright and healthy future tomorrow. You can give online at [www.lcdp.org](http://www.lcdp.org). They say it takes a village, we say it takes a pueblo! You can:**

- 1 Become an Amig@ del Pueblo:** Join our monthly supporters group to provide sustainable funding for our programs.
- 2 Attend a fundraiser** Bring a friend! We have lots of events coming up and we'd love to see you and grow our pueblo of supporters and allies.
- 3 Spread the voice!** Tell: We are best when we work together. Do you know someone who would be interested in hearing more about our work? Share this newsletter with them!