It started with Mi Refugio in 2015, then our Hyattsville clinic in 2016, then Empodérate in Langley Park in 2017. We are excited to share with you how we are integrating our programs to advance health equity in the county!

**LATINO COMMUNITY IN PRINCE GEORGE’S COUNTY**

- **31%** feels NOT having access to health education and services negatively affects their health.
- **Prince George’s rates of HIV are the highest in all of Maryland as of 2017**
- **75%** of Latinos are linguistically isolated
- **47%** do NOT have health insurance
- **41%** have a chronic condition that requires medical care
- **13%** are unemployed, higher than national average
- **Diabetes, Hypertension, Obesity, High Cholesterol** are the most common chronic conditions
- **Prince George’s County** is in the top ten jurisdictions that receive the greatest numbers of CFV
- **6,000** minors who are considered Children Fleeing Violence (CFV) from Central America, live in DMV
- **92%** of our patients are Hispanic
- **84%** are Limited English Proficient
- **92%** are at or below 200% Federal Poverty Level

**Donor Spotlight**

We thank local, small-business owner LaBelle Visage for supporting Mi Refugio!

Visage has committed to supporting under-resourced Latino youth at Northwestern High school in hopes of creating a sense of community and inclusion. “Being a student is already hard enough, the last thing on their mind should be worrying about how they will pay for the senior fees or attend prom/graduation.” We are grateful for LaBelle’s ongoing support for youth in Prince George’s County!
Gilson is a Mi Refugio graduate of 2017. He won two scholarships and is the first person in his family to go to college. He currently studies at Prince George’s County Community College and plans to become a social worker.

“I think La Clínica is making a huge impact in the community and changing the lives of many people in need. It changed my life completely. I think at this pace it will change the lives of many others… My goal is to help others. If I can help at least one kid get to college, then it would change their life, and then they will change the lives of others.”

Like many patients, Juliana’s first doctor’s appointment at La Clínica Hyattsville was her first doctor’s visit ever. Her diabetes was out of control. She was at high-risk of experiencing serious symptoms (one side-effect of uncontrolled diabetes is blindness). Juliana didn’t realize that her condition was so serious; she didn’t have access to a doctor to educate her about diabetes management. Our team leapt into action to get Juliana on the road to a healthier life. With dedicated attention and care, Juliana is now in control of her diabetes and has reduced her risk of more acute illness. There are many more individuals like Juliana in Prince George’s County, who are still out of care, but patient by patient we are changing that. To date more than 1,000 patients are receiving high-quality, culturally-competent care in their new medical home at our Hyattsville clinic.

Empodérate in Langley Park is one of the few safe spaces in the Washington DC metro area for Latinx LGBTQ immigrants. Our colorful, light-filled oasis is nestled on the 3rd floor of the Riggs building for Latinx LGBTQ individuals to hang out, meet with peers, get tested for HIV, join support groups, learn to promote health in their community, or just use a computer. Many individuals face frequent discrimination based on their sexual orientation and/or gender-identity. Often, discrimination is the reason they fled their country of origin. Many have come to the U.S. in the last two years. Because of this, the safe space we create is vital. In March, the Empodérate center in DC moved to its new, permanent home in La Casa (Community Health Action Center) in Mount Pleasant, DC. Together, both Empodérate centers received nearly 3,000 visits in 2017.

Every dollar you give, makes a difference. Give today for a bright and healthy future tomorrow. You can give online at www.lcdp.org. They say it takes a village, we say it takes a pueblo! You can:

1. **Become an Amig@ del Pueblo:**
   Join our monthly supporters group to provide sustainable funding for our programs.

2. **Attend a fundraiser:**
   Bring a friend! We have lots of events coming up and we’d love to see you and grow our pueblo of supporters and allies.

3. **Spread the voice!**
   Tell: We are best when we work together: Do you know someone who would be interested in hearing more about our work? Share this newsletter with them!

**Upcoming Events**

- **APRIL 13th**
  Happy Hour benefitting Mi Refugio
  El Rinconcito 5-8:30pm
  1326 Park Rd NW, Washington, DC 20010
  RSVP to dfarinas@lcdp.org or visit our Facebook!

- **APRIL 14th**
  5K Run/ Walk Scavenger Hunt
  College Park Community Center
  Proceeds go to support SEED our partner!
  Visit https://wizathon.com/seed5krunwalk/index.php to register

- **APRIL 25th**
  Partnering for Health Equity
  City of Hyattsville, Town Hall 9:00 am - 4:15pm
  4310 Gallatin St, Hyattsville, MD 20781
  RSVP to rstain@lcdp.org

---

**Quote**

“Hyattsville Clinic
Mi Refugio
Empodérate

MAKE A DIFFERENCE TODAY!”